

Chapter 7

Work and Kinetic Energy

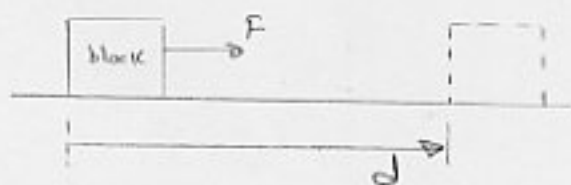
7-2 Work: Motion in One dim. with a Const. Force

$$W = Fd$$

$$W = Fd \cos \phi$$

$$W = (d)(F \cos \phi) = (F)(d \cos \phi)$$

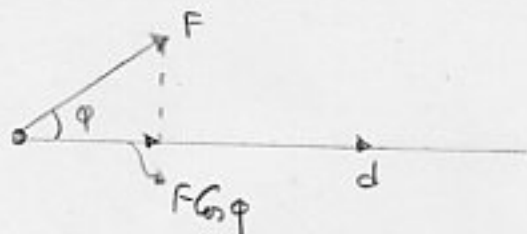
$$W = \vec{F} \cdot \vec{d}$$



Free body diagram

For $0 < \phi < \frac{\pi}{2} \rightarrow W > 0$

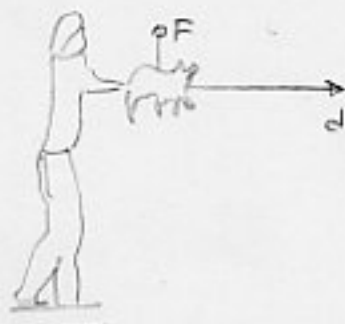
$\frac{\pi}{2} < \phi < \pi \rightarrow W < 0$



Suppose you pick up a cat (1),
carrying it across a room at
const speed (2), and then lower
it back to the floor (3)



(1) $W > 0$



(2) $W = 0$ - 86 -



(3) $W < 0$

F: The force exerted to the cat by man.

W: The work done by this F

Unit:

$$1 \text{ Joule} = 1 \text{ J} = \text{N} \cdot \text{m} = 1 \text{ kg} \frac{\text{m}^2}{\text{s}^2} = 0.738 \text{ ft} \cdot \text{lb}$$

$$\text{Also, } 1 \text{ eV} = 1.60 \times 10^{-19} \text{ J}$$

$$\text{If } \vec{F} = \sum \vec{F}_i$$

$$W = F \cdot d$$

$$\text{Or } W = \sum \vec{F}_i \cdot d = \sum W_i$$

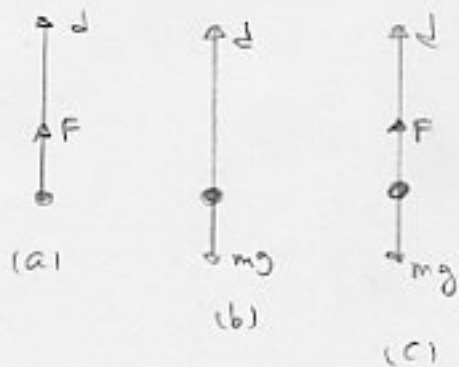
Sample Prob 7-1

a) How much work is done by force F in lifting a weight of 2500 N a distance of $d = 2.0 \text{ m}$?

sol.

$$\vec{F} = -m\vec{g} \quad |\vec{F}| = |m\vec{g}| = 2500 \text{ N}$$

$$W = Fd \cos \phi = (2500)(2)(\cos 0) \\ = 5000 \text{ J}$$



Here we neglected brief acceleration during the beginning and end, and

assume $v = \text{const}$. Even though the results are the same but calculation will be complicated ($W = \int F dx$)

b) The work done by the weight?

Sol.

$$W = mgd \cos \theta = (2500)(2)(\cos 180^\circ) = -5000 \text{ J}$$

c) The work done by the net force?

$$\sum \vec{F} = 0 \rightarrow W = 0$$

Sample prob. 7-2

$$d = 8.5 \text{ m} \quad \theta_1 = 30^\circ \quad \theta_2 = 40^\circ$$

$$F_1 = 320 \text{ N} \quad F_2 = 250 \text{ N}$$

$$W = ?$$

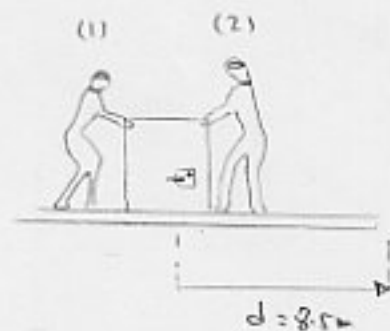
Sol.

$$W = W_1 + W_2$$

$$W_1 = F_1 d \cos \theta_1 = (320)(8.5)(\cos 30^\circ) = 2356 \text{ J}$$

$$W_2 = F_2 d \cos \theta_2 = (250)(8.5)(\cos 40^\circ) = 1628 \text{ J}$$

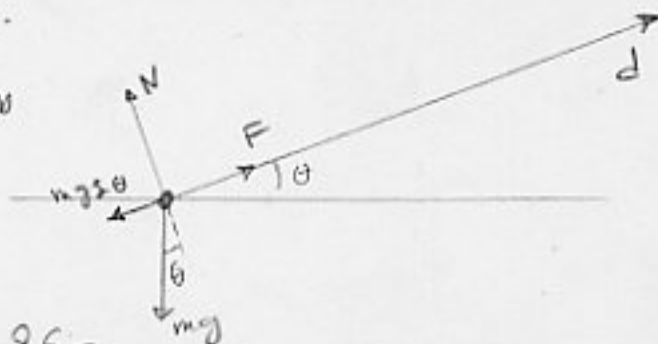
$$W = 4000 \text{ J}$$



Sample prob. 7-3



A 15-kg crate is pulled at $v = \text{const.}$ a distance $d = 5.7 \text{ m}$ up a frictionless ramp to a height of 2.5 m



a) $F = ?$ b) $W = ?$

c) If h is the same but θ different $W = ?$

d) The work done by mg

Sol.

a) $F = mg \sin \theta = (15)(9.8) \left(\frac{2.5}{5.7} \right) = 64.5 \text{ N}$

b) $W = Fd \cos \phi = (64.5)(5.7)(\cos 0) = 368 \text{ J}$

c) $W = Fd \cos \phi = mg \sin \theta d (\cos 0) = mgh$ the same as (b)

d) $W_g = \vec{m\vec{g}} \cdot \vec{d} = mgd \cos(\theta + \frac{\pi}{2}) = -mgd \sin \theta = -mgh = -368 \text{ J}$

Sample prob. 7-4

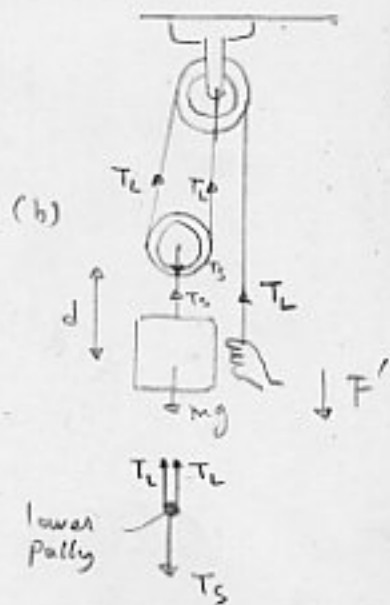
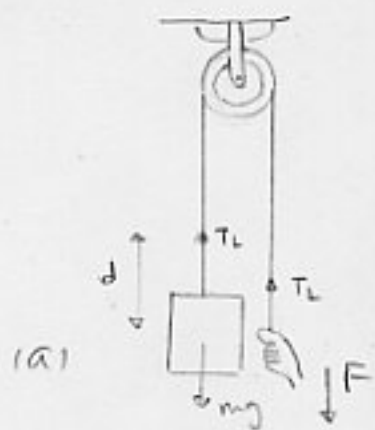
a) In Fig. (a) what is the magnitude of force F that you must exert on the cord to lift the block

$F = mg$

b) Through what distance must your hand move to lift the block by a distance d ?

answer: d

c) $W = ?$ on the block



$$W = Td = mgd \quad \text{on the block by the cord.}$$

$$W = Fd = mgd \quad \text{on the free end of the cord (by hand)}$$

→ The work is done on the block by means of the cord.

d) $F' = ?$ in Fig (b)

$$T_s = 2T_L \quad F' = T_L = \frac{T_s}{2} = \frac{mg}{2}$$

e) Through what distance must your hand move to lift the block a distance d ?

answer: $2d$

f) $W = ?$ on the block in a distance d .

$$W = T_s d = mgd$$

Also $W = F(2d) = \frac{mg}{2}(2d) = mgd$ on the free end of the cord

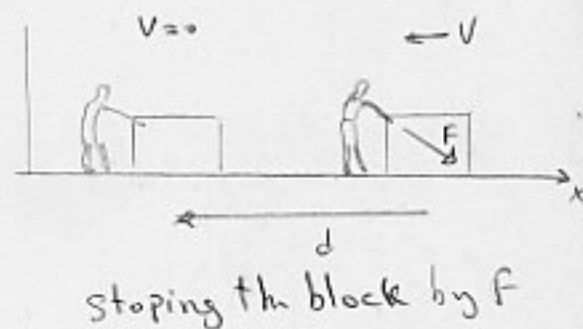
Sample prob. 7-5

$$\vec{F} = 2\hat{i} - 6\hat{j} \quad \vec{d} = -3\hat{i}$$

$W = ?$ by F

Sol.

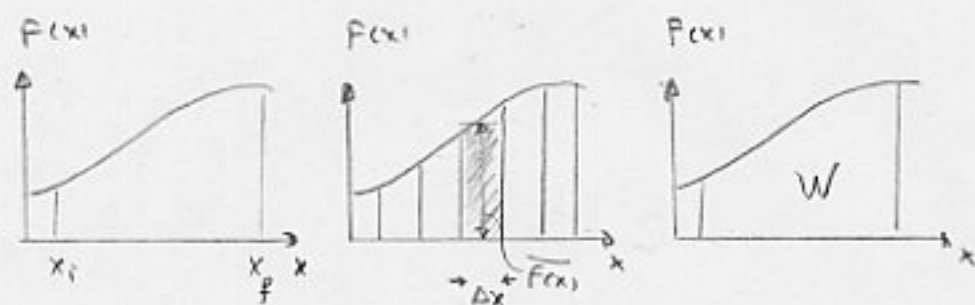
$$W = \vec{F} \cdot \vec{d} = (2\hat{i} - 6\hat{j}) \cdot (-3\hat{i}) = -6J$$



7-3 Work Done by a Variable Force

One-Dim. Analysis:

Assume $\vec{F} \parallel \vec{d}$, but $\vec{F} = \vec{F}(x)$



$$\Delta W = \bar{F}(x) \Delta x$$

$$W = \sum \Delta W = \sum \bar{F}(x) \Delta x$$

$$W = \lim_{\Delta x \rightarrow 0} \sum \bar{F}(x) \Delta x \rightarrow W = \int_{x_i}^{x_f} F(x) dx$$

3-Dim. Analysis:

$$\vec{F} = F_x \hat{i} + F_y \hat{j} + F_z \hat{k}$$

$$d\vec{r} = dx \hat{i} + dy \hat{j} + dz \hat{k}$$

$$dW = \vec{F} \cdot d\vec{r} = F_x dx + F_y dy + F_z dz$$

$$W = \int_{r_i}^{r_f} dW = \int_{x_i}^{x_f} F_x dx + \int_{y_i}^{y_f} F_y dy + \int_{z_i}^{z_f} F_z dz$$

Sample prob 7-6

$$\vec{F} = 3x\hat{i} + 4\hat{j} \quad r_i(2, 3, 0) \quad r_f(3, 0, 0)$$

$$W = \int_2^3 3x dx + \int_3^0 4 dy + 0 = 3 \left[\frac{1}{2} x^2 \right]_2^3 + 4 \left[y \right]_3^0 = -4.5 \text{ J}$$

7-4 Work Done by a Spring

$$\vec{F} = -k\vec{x} \quad \text{Hooke's law}$$

k : spring const. (a measure of stiffness) of the spring

In one dim.:

$$W = \int_{x_i}^{x_f} F(x) dx = \int_{x_i}^{x_f} (-kx) dx$$
$$= \left(-\frac{k}{2}\right) \left[x^2\right]_{x_i}^{x_f} = -\frac{1}{2}k(x_f^2 - x_i^2)$$

$$W = \frac{1}{2}kx_i^2 - \frac{1}{2}kx_f^2$$

If $x_i = 0$

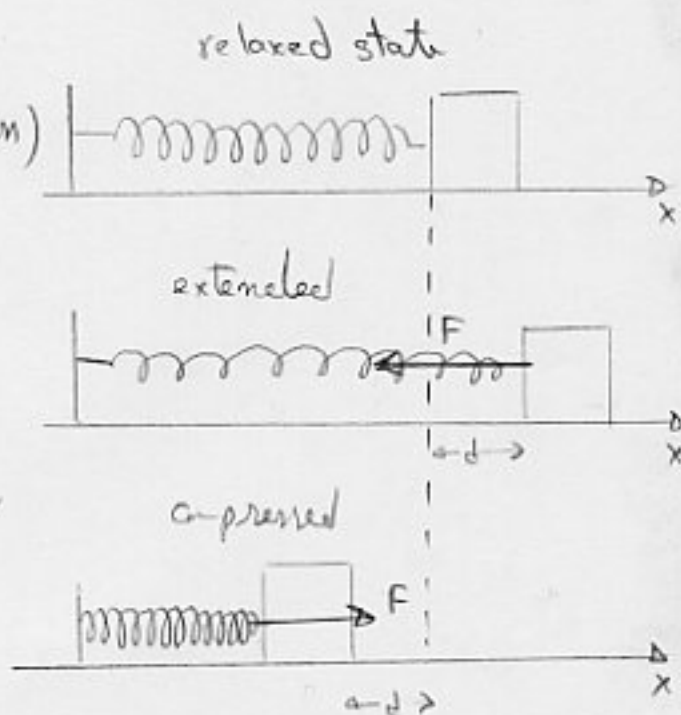
$$\rightarrow W = -\frac{1}{2}kx^2$$

$$W = +\frac{1}{2}kx^2$$

work by a spring

work done by the spring on an object

work done by us



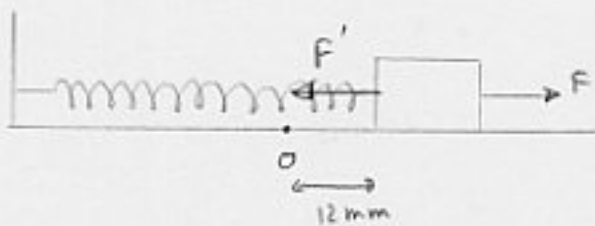
Sample prob. 7-7

$$F = 4.9 \text{ N}$$

$$x = 12 \text{ mm}$$

a) $k = ?$

b) $F' = ?$ for $x = 17 \text{ mm}$



Sol.

a) $F' = -kx$ $k = -\frac{F'}{x} = -\frac{-4.9}{12 \times 10^{-3}} = 408 \text{ N/m}$

b) $F' = -kx = -(408)(17 \times 10^{-3}) = -6.9 \text{ N}$

Sample prob 7-8

Stretch the spring in prob. 7-7 by 17 mm. How much work does the spring force do on the block?

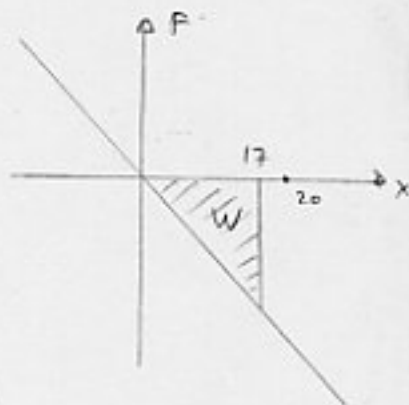
Sol.

$$W = -\frac{1}{2} k x^2 = -\frac{1}{2} (408 \text{ N/m}) (17 \times 10^{-3} \text{ m})^2 = -5.9 \times 10^{-2} \text{ J}$$

Sample prob 7-9

The spring is initially stretched by 17 mm. You allow it to return its relaxed state and then compress it by 12 mm.

$W = ?$ by spring during the total displacement.



Sol

$$x_i = 17 \text{ mm} \quad x_f = -12 \text{ mm} \quad k = 408 \text{ N/m}$$

$$W = \frac{1}{2} k (x_i^2 - x_f^2) = \frac{1}{2} (408) [(17 \times 10^{-3})^2 - (-12 \times 10^{-3})^2] = 0.030 \text{ J}$$

7-5 Kinetic Energy

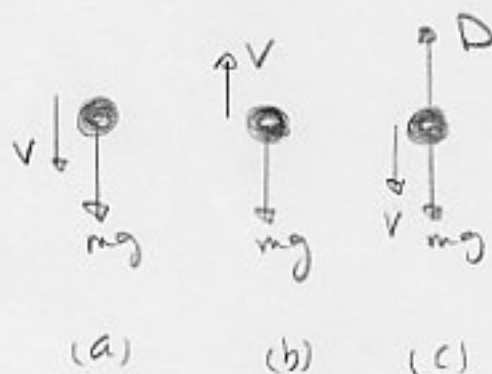
Def: $K = \frac{1}{2} m v^2$

$$W = K_f - K_i = \Delta K \rightarrow K_f = K_i + W \quad \text{work-kinetic energy theorem}$$

W : the work done by a force F on an object

A particle in Free Fall:

- a) $W > 0$ the work done by mg
b) $W < 0$ " " " "



Acc. to $K_f = K_i + W$

K_f $\xrightarrow{\text{will}}$ increase in (a)

K_f $\xrightarrow{\text{will}}$ decrease in (b)

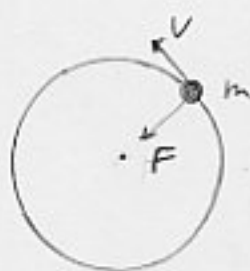
c) $W_{\text{net}} = 0$ the work done by the net force ($F_{\text{net}} = m\vec{g} + \vec{D} = 0$)

in this case $\Delta K = 0$

A particle in Uniform Circular Motion:

$$V = \text{const.}$$

$$W = \mathbf{F} \cdot \mathbf{d} = 0 \quad (\mathbf{F} \perp \mathbf{d})$$



Proof of the Work-Kinetic Energy Theorem:

This theorem is the consequence of Newton's Second law,
 We prove the theorem in one-dim., but it is valid
 also in 3-dim.

$$W = \int_{x_i}^{x_f} F(x) dx = \int_{x_i}^{x_f} ma dx$$

$$ma dx = m \frac{dv}{dt} dx = m \frac{dv}{dx} \frac{dx}{dt} dx = m \frac{dv}{dx} v dx = m v dv$$

$$W = \int_{v_i}^{v_f} m v dv = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

$$\rightarrow W = K_f - K_i = \Delta K$$

Sample prob. 7-10

$$a = 0.26 \text{ m/s}^2$$

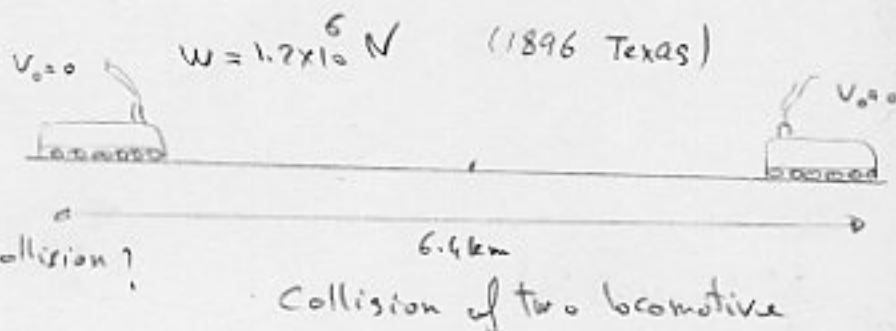
Total kinetic energy of the
 two locomotive just before collision?

Sol.

$$v^2 = v_0^2 + 2a(x - x_0) \quad v_0 = 0 \quad x - x_0 = \frac{6.4}{2} = 3.2 \text{ km}$$

$$v^2 = 0 + 2(0.26)(3.2 \times 10^3) \rightarrow v = 60.8 \text{ m/s}$$

$$K = 2\left(\frac{1}{2} m v^2\right) = 2 \times 10^8 \text{ J}$$



Sample prob. 7-11

A 500-kg elevator cab is descending with speed $v_i = 4.0 \text{ m/s}$.

At this moment the wire system allows it to fall with $a = \frac{g}{5}$

a) $W_1 = ?$ The work done on the cab by mg during the fall through the distance $d = 12 \text{ m}$

$$W_1 = mgd \cos 0^\circ = (500 \text{ kg})(9.8 \text{ m/s}^2)(12 \text{ m})(1) = 5.88 \times 10^4 \text{ J}$$

b) $W_2 = ?$ The work done on the cab by T during the fall

$$\sum F = T - mg = -ma \quad (a > 0)$$

$$T = m(g - a) = m\left(g - \frac{g}{5}\right) = 3920 \text{ N} \quad \left(a = \frac{g}{5}, g > 0\right)$$

$$W_2 = Td \cos 180^\circ = 3920(12)(-1) = -4.7 \times 10^4 \text{ J}$$

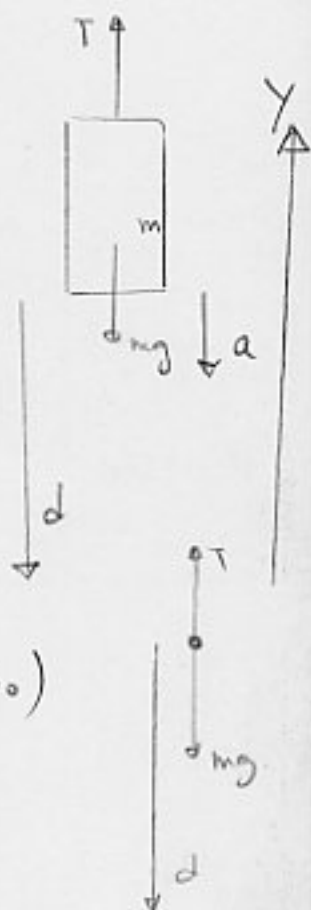
c) $W = ?$ total work done on cab

$$W = W_1 + W_2 = 1.2 \times 10^4 \text{ J}$$

or alternatively,

$$\sum F = -ma = -(500) \left(\frac{g}{5}\right) = -980 \text{ N}$$

$$W = Fd \cos 0 = (-980)(12)(1) = 1.2 \times 10^4 \text{ J}$$



d) $K_f = ?$ at the end of the 12-m fall.

$$K_i = \frac{1}{2} m v_i^2 = \frac{1}{2} (500)(4)^2 = 4000 \text{ J}$$

$$K_f = K_i + W = 4000 + 1.2 \times 10^4 = 1.6 \times 10^4 \text{ J}$$

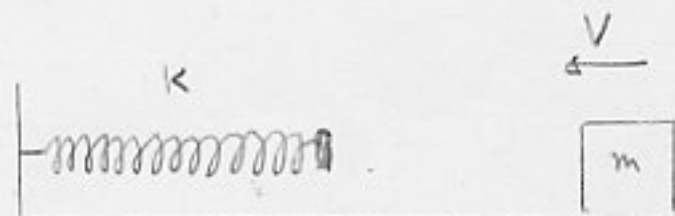
e) $V_f = ?$

$$K_f = \frac{1}{2} m v_f^2 \quad v_f = \sqrt{\frac{2K_f}{m}} = 7.9 \text{ m/s}$$

Sample prob. 7-12

$$V = 1.2 \text{ m/s} \quad m = 5.7 \text{ kg}$$

$$k = 1500 \text{ N/m}$$



$d_{\max} = ?$ Compressing distance

Sol.

$W = -\frac{1}{2} k x^2 = -\frac{1}{2} k d^2$ The work done by spring forces on the block

$$\Delta K = K_f - K_i = 0 - \frac{1}{2} m v^2$$

$$W = \Delta K \rightarrow d = v \sqrt{\frac{m}{k}} = 7.4 \text{ cm}$$

7-6 Power

$$\bar{P} = \frac{W}{\Delta t} \quad \text{average power}$$

$$P = \frac{dW}{dt} \quad \text{instantaneous}$$

In SI unit: $1 \text{ Watt} = 1 \text{ W} = 1 \text{ J/s} = 0.738 \text{ ft}\cdot\text{lb/s}$

$$1 \text{ horsepower} = 1 \text{ hp} = 550 \text{ ft}\cdot\text{lb/s} = 746 \text{ W}$$

$$1 \text{ Kilowatt-hour} = 1 \text{ Kw}\cdot\text{h} = (10^3 \text{ W})(3600 \text{ s}) = 3.6 \times 10^6 \text{ J}$$

$$\text{Also; } P = \frac{dW}{dt} = \frac{F dx}{dt} = F \left(\frac{dx}{dt} \right) = FV$$

In 3-dim. $P = F \cdot V$

Sample prob. 7-13

A load of bricks with $m = 420 \text{ kg}$
is to be lifted a height of 120 m in
 5 min . $P = ?$

Sol. $W = mgh = (420)(9.8)(120) = 4.94 \times 10^5 \text{ J}$

$$\bar{P} = \frac{W}{\Delta t} = \frac{4.94 \times 10^5}{5 \times 60} = 1650 \text{ W}$$

We have neglected the mass of cable
and platform, and also frictional forces.
And we have assumed lifting process without
- 96 - appreciable acceleration.

Sample prob 7-14

A 80-hp outboard motor can drive a speedboat at 22 knots (25 mi/h).
What is the forward thrust (force) of the motor?

Sol.

$$F = \frac{P}{v} = \frac{(80 \text{ hp})(746 \text{ W/hp})}{11 \text{ m/s}} = 5600 \text{ N}$$

Note that since $v = \text{const.} \rightarrow F \stackrel{\text{must}}{=} D$ (drag force)

7-7 Kinetic Energy at High Speeds

In high speeds Newtonian mechanics fails and must be replaced
by Einstein's special Theory of Relativity.

$$K = \frac{1}{2} m v^2 \rightarrow K = m c^2 \left(\frac{1}{\sqrt{1 - \frac{v^2}{c^2}}} - 1 \right)$$

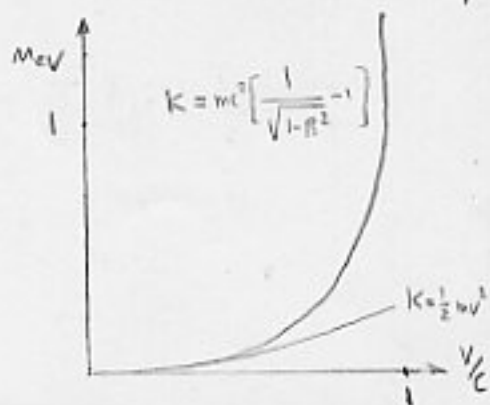
$$\text{Let } \frac{v}{c} \equiv \beta \rightarrow K = m c^2 \left[(1 - \beta^2)^{-\frac{1}{2}} - 1 \right]$$

$$\text{If } v \ll c \rightarrow \beta \ll 1$$

$$\rightarrow (1 - \beta^2)^{-\frac{1}{2}} = 1 + \frac{1}{2} \beta^2 + \dots \quad \left((1+x)^n = 1 + \frac{n}{1!} x + \frac{n(n-1)}{2!} x^2 + \dots \right)$$

$$K = m c^2 \left[\left(1 + \frac{1}{2} \beta^2 + \dots \right) - 1 \right]$$

$$\approx m c^2 \left(\frac{1}{2} \beta^2 \right) = \frac{1}{2} m v^2$$



7-8 Reference Frames:

We apply Newton's laws of mechanics only in inertial ref. frames.

Observers in different inertial ref. frames will measure,

i) the exact same values for some quantities

In Newtonian mechanics these invariant quantities are,

1- Force, 2- mass, 3- acceleration, 4- Time

ii) different values for some other quantities, such as,

1- Displacement 2- velocity of a particle (not invariant)

Since for example $W = F \cdot d$

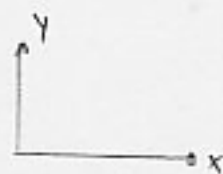
d : depends of the ref. frame of the observer

F : the same in all inertial frames

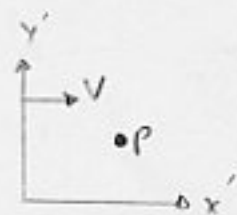
→ W : depends on the ref. frame.

Ex.

$$\begin{aligned}d &\neq 0 \\d' &= 0\end{aligned}$$



Fixed



P: stationary in this system

Also $K = \frac{1}{2} m v^2$

frame-indep \swarrow \searrow frame-dep

K will be different, in different inertial ref. frames

But:

From Galileo to Einstein, physicists have come to believe in the principle of invariance.

The laws of physics must have the same form in all inertial ref. frames.

A check,

Work-Kinetic Energy Theorem (?)

F : The force exerted by hand on book

mg : The weight of the book

F, mg the same in both ref frames

Observer A:

$$W_1 = F d \cos \theta = (+mg)h \quad (1) = mgh \quad \text{on book by } F$$

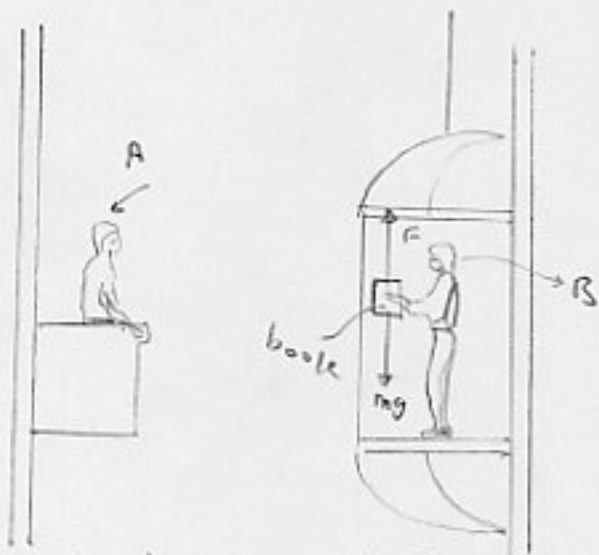
$$W_2 = (-mg)d \cos \theta = -mgh$$

$$W = W_1 + W_2 = 0$$

Observer B: $(d' = 0)$

$$W_1 = F d' \cos \theta = 0 \quad W_2 = (-mg)d' \cos \theta = 0$$

$$W = W_1 + W_2 = 0$$



Acc. to Work-Kinetic Energy Theorem the kinetic energy of the book does not change.